



Adventure Learning Experiences Inc.

"Where Service and Leadership come together"

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Tanzania Study and Leadership Program August 2017 Program Outline & Applications

1. INTRODUCTION

Rationale

The motivation for this proposal was derived from the personal and professional experiences of its authors in conjunction with the vision prescribed by the Toronto Catholic District School Board (TCDSB). The authors believe that Learning, Leadership, and Service within the context of Safe Adventure comprise a very powerful educational paradigm.

Service Learning

A unique and distinguishing component of this program is the concept of “service learning”. Service learning can be identified as experiential education when the learner adopts a life role that provides meaningful service to a community in order to learn about oneself and others. The pedagogical value of the service increases when the following are added to the learning: an academic component designed to prepare the learner in terms of content and competencies relevant to the service; an opportunity to reflect upon and think critically about the experience; an element of adventure and challenge; an international and cross cultural context; and an alignment of individual, placement, and system goals.

The Tanzania Leadership Program

The Tanzania Leadership Program provides a once in a lifetime experience to partake in service learning, volunteerism, and educational programs in one of the most beautiful places on earth. Participants will travel to Tanzania and have the opportunity to explore and enhance their leadership through combining meaningful service learning and educational activities. Participants will spend the vast majority of their time volunteering at local schools, teaching, building classrooms, and helping in concrete ways to improve the local community, while having the opportunity to interact intensively with the local people. Moreover, hands on learning about development, world issues, leadership, environmental conservation and biodiversity through interactive seminars will engage individuals to consider the importance and challenges of much needed development, while ensuring the protection of the world’s most wondrous flora and fauna.

Affiliation

The delivery of this program is in conjunction with Free The Children and Me to We. Co-founded by Marc and Craig Kielburger, Free The Children has earned worldwide recognition for its dedication in eradicating child labour throughout the world. One of its programs, entitled Me to We, is devoted to youth leadership and has established program sites around the world.

2. PARTICIPANTS

Students

Approximately 20 students and 5 adults will be selected for admission to this program. This number has been governed by the practical exigencies of traveling to these areas of the world. Students will be selected according to the following criteria:

1. Trustworthiness and reliability
2. Respectfulness of other people and cultures
3. Adaptability to new experiences
4. Parental support
5. Fitness

Interested students will be invited to submit an application and two letters of reference. All participants will also be expected to complete a TCDSB Parent/Guardian Informed Consent Form For International Excursions.

Code of Conduct

Each student will be expected to pledge commitment to a Code of Conduct which will be designed to ensure that respect for each participant, his/her property, and well-being is safeguarded. This code will preclude harassment and abusiveness and will prohibit the use of alcohol and drugs. Above all, the rights and responsibilities of all participants will be clearly defined so that the objectives of this program may be achieved within a healthy and safe environment.

Adult Supervision

In addition to the authors of this proposal, there will be a minimum of four teachers from Ontario who will be taking part in the program. They see the experience as opportunities for their own personal and professional development. Their involvement in the instruction and experiential component of the program will be closely supervised by the authors. During the experiential part of the program, approximately 4 teachers will supervise the Tanzania program.

Interviews

Each applicant and his/her parents will be invited to a private interview with the Directors to assess his/her suitability for the program. This will also give the applicant and parents the opportunity to determine if the program serves their needs and interests. Each applicant will be asked to bring their letters of reference to this meeting as well their most recent report card. Interviews will take place in the fall. All deposits will be refundable in the event that the applicant is refused.

3. DESIGN

The authors propose that this learning program be offered as a two credit cooperative education model using the Interdisciplinary Studies curriculum document. The courses will be designated IDC 3O and IDC4U and will derive learning expectations from a variety of courses

In-Class Component

These meetings will take place on the following dates:

Sunday, Oct 16	9:00 – 1:00 p.m.	4 hours
Sunday, Oct 30	9:00 - 1:00pm	4 hours
Sunday, Nov 13	9:00 -1:00pm	4 hours
Sunday, Dec 4	9:00 -1:00pm	4 hours
Sunday, Jan 15	9:00 - 1:00pm	4 hours
Sunday, Feb 12	9:00 - 1:00pm	4 hours
Sunday, Mar 26	9:00 – 1:00pm	4 hours
Sunday, April 9	9:00 - 1:00pm	4 hours
Saturday, May 20	8:00 - 8:00 p.m.	10 hours
Sunday, May 21	8:00 – 8:00pm	10 hours
Monday, May 22	8:00 – 2:00 p.m.	6 hours
Sunday, June 11	9:00 - 5:00pm	8 hours
Friday, July 21	9:00 - 2:00pm	5 hours
Sunday, September 17	9:00 – 1:00 p.m.	4 hours
Sunday, September 24	9:00 – 1:00 p.m.	4hours

There will be 7 additional meetings arranged during the experiential component (14 hours).

There will be one formal examination that has been scheduled for the following class:
Sunday, September 17, 2017.

The assignments in this program are designed to provide background to the course themes and to stimulate relevant learning and personal reflection. To this end required readings will be assigned and considerable options with respect to written assignments will be offered. There will be two types of written assignments:

1. **Discovery Paper:** This is primarily intended for learning new information about a topic.
2. **Reaction Paper:** This is primarily intended for reflecting about a course theme that was previously reviewed in class, was part of one's experiences on the trip, or contained in a reading.

Learning Resources

Clawson, D.L. (2001). World Regional Geography: A Developmental Approach (7th Edition). New Jersey: Prentice-Hall.

Mountjoy, A.B. & Hilling, D. (1988). Africa: Geography and Development. New Jersey: Barnes & Noble Books.

Makgoba, M.W. (ed.), (1995). African Renaissance. Cape Town: Tafelberg Publishers Ltd.

Goodall, J. (1988). In The Shadow of Man. London: Phoenix Giants.

Wise, M. (2002). The Travel Doctor. Toronto: Firefly Books.

Lewis, Stephen (2005) Race Against Time. House of Anansi Press.

Experiential Component

This excursion to Tanzania will serve as the Service Learning component of the program.

There will be a variety of service learning opportunities distributed across a few locations. The primary focus will be to build a school. Formal classes will be conducted whereby teachers and students will be given opportunities to discuss their reactions to the learning experiences and which will offer support for their adjustment to the new environments. Upon returning to Canada, the students will meet to reflect and process their experiences, and will be given an opportunity to formally present their learning to family and friends.

Topics for discussion during classes in Africa will be governed by the nature of the activities in which the students will be engaged. Daily journal writing will be an essential component of this time. A composite journal with representation from each participant will be compiled, edited, and published upon completion of the course.

Service and Leadership Opportunities

Community development: Lend your hands to build a school and volunteer at our schools.

Cultural education: Attend workshops, walk through Masai and Kipsigis villages, and learn Swahili.

Leadership training: Experience intensive and interactive training in our grass-thatched classroom.

Environmental education: Learn about environmental challenges on a fieldtrip to coastal region.

Safari adventures: Get up close and personal (through the lens of your camera) with Africa's wildlife while on a safari in the Masai Mara.

Tentative travel dates: August 1, 2017 until August 14, 2017

NOTE: The chronology of activities may be slightly redesigned, based on practical requirements.

Itinerary:	August 1	Depart Toronto
	August 2	Arrive in Kilimanjaro, transfer to Arusha
	August 3	Explore cultural heritage of Tanzania, travel to Gated camp in the Longido region
	August 4	Orientation, Swahili Lesson
	August 5-6	Volunteering, cultural programs, educational seminars
	August 7	lorry ride safari
	August 8-9	Teaching, building
	August 10- 11	Volunteering, seminars, building
	August 12-13	Volunteering, local community
	August 14	Travel to Kilimanjaro for overnight flight home
	August 15	Arrive Toronto

4. TRAVEL ARRANGEMENTS

Transportation

Local transportation will be organized and provided by the Leaders Today lorry/bus. International air travel will be provided by a reputable national carrier. In recent years this has been British Airways.

Accommodation

In Tanzania the accommodations will be provided through the Free The Children/Me to We organization. The adult supervisors will always reside in close proximity to the student residences. Appropriate separation between genders will always be ensured in these residences.

NOTE: Standards of accommodation, utilities, and services at the destination may be different from those of Canada, as well as about differences in standards and practices.

5. FINANCES

Participants will be charged a single fee of approximately \$4,295 which will cover return airfare from Toronto to Tanzania, all travel expenses within the country, meals, accommodations, training materials and donations to the local communities. It also includes all expenses associated with the Study component.

Payment will be made by regular installments according to the following schedule:

\$695 Deposit accompanying application
\$1,200 December 4, 2017
\$1,200 March 26, 2017
\$1,200 May 21, 2017

Note: Participants are asked to submit a series of postdated cheques according to this schedule. Cheques should be made payable to **Adventure Learning Experiences Inc.**

Fundraising

There are two fundraising activities designed to help students offset their trip expenses.

Sponsor Booklet: This is intended to provide an overview of the program and will feature the participants. Students are invited to sell advertising for the booklet and these funds will be directly applied to their trip fee, except for a nominal fee for the printing of the booklets. Please be aware that advertisements that are purchased by companies in support of a student will not be eligible for a refund in the event that the particular participant being supported withdraws from the program.

Raffle: Students will be invited to proportionally share in the proceeds of a raffle that will be held in June. This optional activity is available to all participants who donate a raffle prize worth \$75.

Financial Plan

Students are expected to take responsibility in planning to meet the financial commitment involved in this program. To assist in this, the participants will be expected to submit a plan to achieve this goal.

Refund Policy

Before February 7, 2017 full refund minus 75% of deposit

Between February 7 and June 1, 2017 full refund minus deposit

After June 1, 2017 no refund except through cancellation insurance

Other Costs

The only other costs that are not included in the above price are the following:

Passport (this must not expire within 6 months of departure)
Tanzania Visa \$50 US
Out-of-country health insurance \$175 (approx)
Flying Doctor Insurance \$50 US to be purchased in Tanzania
Inoculations (depending upon one's private insurance coverage)
Possible End-of-trip banquet \$35 US
Retreat \$25 Cdn
Spending Money

6. DOCUMENTS

NOTE: It is the sole prerogative of each country or region to determine who is allowed to enter.

Passport (for Canadian citizens, it must be valid for at least six months beyond the date of expected departure)

Visa: Will be obtained in Tanzania upon arrival.

Insurance All participants are advised to consult with a reputable insurance company about out-of-province health insurance and cancellation insurance. The travel agency (Airliners) that is providing the air tickets offers such insurances. Its contact information is as follows:

Airliners
1220 Ellesmere Road
Toronto ON M1P 2X5
www.airliners.ca Attention:
Zenab Warah
zenab@airliners.ca
416-485-6387

7. HEALTH AND SAFETY

Careful attention to sound health and safety practices will be an important part in the preparation of the program. This will involve mandatory immunizations, learning healthy eating and drinking habits, and understanding effective illness prevention practices. An attempt will be made to have a registered nurse accompany each group. For maximum benefit it is recommended that participants, in general, be in good health and achieve a sufficient level of fitness prior to the trip. Physical and dental check-ups are highly recommended prior to the departure date.

Immunization

- a) The following are ordinarily administered through one's family doctor in the course of normal Ontario health care. All participants are asked to ensure their protection with inoculations against the following diseases:

Tetanus – Diphtheria Polio Measles-Mumps-Rubella

- b) Protection against malaria is by tablet and is taken on a regular basis prior, during, and following the trip. The exact regimen will be prescribed by a travel clinic. All participants will be expected to bring a mosquito net and protective skin lotions.
- c) Inoculations against the following may be required:

Typhoid Meningococcal meningitis Hepatitis A Hepatitis B Yellow Fever TB skin test

The cost of these inoculations are not covered by OHIP but may be included in private health plans.

Precautions

As indicated above, careful preparation prior to departure about safe eating and drinking habits and illness prevention practices will be undertaken. Participants will be expected to purchase “The Travel Doctor” by Dr. Mark Wise (Firefly Books, 2002) as part of this preparation. A close working relationship has been developed by the authors with **Dr. Mark Wise**. Dr. Wise is a family physician in North York whose medical practice includes a travel clinic. He is considered a leading authority in tropical and parasitic diseases. Dr. Wise will conduct a 90 minute training workshop about preventative health practices for our students prior to departure and will make recommendations about appropriate inoculations.

It is expected that our groups will greatly benefit from the local contacts which the authors have established in Kenya with **Me to We** in the event that medical care is required. Each participant will be expected to purchase out-of-country health insurance. In addition, each participant will be expected to purchase evacuation insurance, called Flying Doctor insurance, upon arrival in Kenya at a cost of \$50 US. This will guarantee emergency airline service from an airstrip near the Leadership centre to a leading medical clinic in Nairobi. In addition, Dr. Lato and Mr. Rogers are both members of the International Association for Medical Assistance to Travelers (IAMAT).

It is advised that each participant complete the Consent to Medical Treatment Form in the event that urgent and emergency care is required.

<p>NOTE: It is most strongly recommended that each participant seek proper medical advice for all potential health concerns at a travel health clinic prior to departure.</p>
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Application Process

Completed applications and deposit may be mailed to Jennifer Wilson.
Adventure Learning Experiences Inc.
41 Kimbourne Ave.
Toronto ON M4J 4J1

Application Form
Tanzania Study and Leadership Program
Travel dates: August 1 – 14, 2017

A. PERSONAL INFORMATION

First Name: _____ Last Name: _____
Address: _____ City: _____
Province: _____ Postal Code: _____
Phone Number (day): _____ Phone Number (evening): _____
Birthdate: _____ School: _____
Grade: _____
Email address: _____ Parent's Email address: _____

B. HEALTH

To derive maximum benefit from this program, it would be in the best interest of each participant to be in good health and proper fitness.

1. Are you willing to commit yourself to a pre-trip fitness program? _____

2. Are there any health issues that you would like to discuss with the moderators relative to your participation in the program? If yes, please describe:

3. Health Card Number: _____

C. FINANCES

The cost of the trip is expected to be approximately **\$4295.00**. This includes air and land transportation, food and accommodations. An opportunity for fundraising will be made available to all participants.

1. A deposit of **\$695.00** made payable to Adventure Learning Experiences should accompany this application.
2. The schedule for the remaining installments will be as follows:

\$695 Deposit accompanying application

\$1,200 December 4, 2017

\$1,200 March 26, 2017

\$1,200 May 21, 2017

D. MOTIVATION

This unique experience has the potential for extraordinary learning, growth, and personal fulfillment.

1. In one paragraph, describe what attracts you to this program:

2. In one paragraph, describe what you hope to gain from this experience:

E. COMMUNITY

The mutual support and cooperation between participants will be vitally necessary in dealing with the challenges presented in this experience. What strengths will you be able to contribute to the group?

F. CONDITIONS

Adapting to the travel, climate, and culture in this part of the world may be difficult.

1. What will be your greatest challenge?

2. How will you prepare for it?

G. SERVICE

Service to others is a very important characteristic of this program.

1. Could you identify any volunteer activities in which you have been involved, either at school or in the community?

2. For one of these activities identify:

a) its benefits for others:

b) its value to you:

H. PASSPORT

Please include a copy of the informational page in your passport. If your passport expires within 6 months of travel, then you will be required to apply for a new passport. It is recommended that this be done immediately.

I. REFERENCES

Two letters of reference should accompany your application. One letter should be from a school representative and the other letter should be from outside the school from a non-family member.

FOR STUDENTS: A copy of your most recent report card is also required.

Please send application and **\$695** deposit to:

**Adventure Learning Experiences Inc.
Attention: Jen Wilson
41 Kimbourne Ave.
Toronto, ON
M4J 4J1**